Sam Sherry.

The Polka Routine.

C. Metherell

Newcastle Series 2010. © C. Metherell 2010 Introduction.

A full biography of Sam is already available, both in print (Sherry, S., "Actual Step Dancing", *English Dance and Song*, Vol 41 No 2, (1979)) and in DVD format (Callaghan, B. & Metherell, C., *Sam Sherry*. *A Memorial Compilation*, London: EFDSS (2007)) and accordingly all that is appropriate here is a brief resume.

Sam was born in 1912 in the village of Costock, Nottinghamshire, one of nine children, all of whom became involved in professional theatre. His father (under his stage name of Dan Conroy) had been a professional music hall artiste of considerable renown, until he retired shortly after WW1. Sam's brothers and sisters performed in a number of combinations under a variety of stage names the most famous of which was The Five Sherry Brothers, who became internationally famous between about 1929 and 1939

Sam had been taught to dance by his father – "almost as soon as I could walk". He left school at 14 and began touring with his brothers, eventually beginning his professional career as a double act with his brother Peter. Although many of Sam's steps came from his father, he also acquired a large number from his brother Jim who was considered to be the best dancer in the family.

Sam retired from show business in 1956 and went into a boat hire and repair business. He died in 2001.

The Routine.

Over the years Sam has taught his steps to countless dancers and, unsurprisingly the routines he devised changed from time to time.

This routine was devised by Sam in the early 1990s, and contained a mix of steps he had not used before in previous dances together with two steps, numbers 2 and 4 which formed part of Sam's original Exhibition Routine (see Metherell, C., Sam Sherry. The Exhibition Routine, Newcastle: Newcastle Series (2008). The steps are believed to come from a number of sources which are detailed in the notes to the individual steps.

The Notations.

The dance was notated after Sam's death from the dancing of his pupils, Melanie Barber and Harry Cowgill and the fine detail thus reflects their style of performance rather than Sam's, in particular that of Harry Cowgill. For example, Sam's A:A position was rather wide, for most dancers it would be noted as A/F:A/F, however no

attempt had been made to reconstruct the steps as Sam might have danced them.

Acknowledgements.

The project to record Sam's steps was conceived by Barry Callaghan. The end result was the DVD referred to in the introduction which, regretably was not completed until after Barry's untimely death in 2007. This booklet is one of the spin-offs of that project. The background to Sam's steps was researched by Alex Fisher and I am grateful to her for access to her notes. Additionally I must thank both Melanie Barber and Harry Cowgill for their comments on the steps and to Ian Craigs for typing the original notations for the DVD from which this booklet is derived. Any remaining errors are of course entirely my own.

Step 1

Α						
а	tap) lazy		Rb	:		
1	spring)	1	а	:		I
&) shuffle		:	3,£	
а		[]		:		
2	heel drop)	а	:	x3_	
а		catch in		:	x3_,b,a)	
3		<u>step</u>		:	a	
а	heel step=		С	:		
4		<u>heel drop</u>		:	a	
В						
B	<u>step</u>	I I	a	:		I
. –	<u>step</u> heel drop		a a	:		
a 5 a	heel drop	heel tap		-	С	
a 5 a 6		heel tap		-	С	
a 5 a	heel drop	heel tap	a	:	c 3,£	
a 5 a 6 & a	heel drop	'	a	:		
a 5 a 6 &	heel drop	'	a	:		
a 5 a 6 & a	heel drop	'	a a	:		

Step is
$$\underbrace{AB}_{|} \underbrace{AB}_{|} \underbrace{B}_{|} \underbrace{B}_{|} \underbrace{B}_{|} and finish$$

 $\underbrace{L}_{|} \underbrace{R}_{|} \underbrace{L}_{|} \underbrace{R}_{|} \underbrace{L}_{|}$

<u>Finish</u>

a	tap) lazy			rb	:	
1	<u>spring</u>)	1		l a	•	
&)	shuffle		:	3,£
а)			:	
2			spring		:	a
&) shuffle			C,£	:	İ
а)				:	
3	<u>spring</u>			a	:	
а)	shuffle		:	3,£
4)			:	
&	<u>hop</u>			a	:	Ī
а	heel drop			a	:	

5 a	catch in	<u>step</u>		: rc/d*
6 an	<u>step</u>) shuffle	a	: : 3,£
and e	shunt)	a,b/c*	:
7 8	. 	heel catch out	1	: rb/c),a,d_

- Sam said that he had acquired this step from his brother Jim. He thought it a simple step with a "North-East" look about it and wondered whether Jim had acquired it there.
- 2. The finish is also used in Exhibition Step 2.

Step 2

1		(step) shunt		:	(!) rb/cc,a
&) shuffle		F,^	:	,,
а)			:	
2	step=	<u>heel swivel=</u>	rb/c	:	!,1
а		catch in		:	a),rb,rb/c)
3	<u>shunt</u>		rb/c,a	:	
&) shuffle		:	6,^
а)		:	
4	heel swivel=	step=	!,A	:	rb/c
а	catch in		a),rb,rb/c)	:	
5	<u>step</u>		rb/c*	:	
а		<u>heel swivel=</u>		:	C,3
6	<u>step</u>		a	:	
a		catch in		:	c),b/c,a)
7		<u>step</u>		:	
а	<u>heel swivel</u>		3,C	:	
8		<u>step</u>	_,,,,	:	a
а	catch in		C),b/c,a)	:	

Step is three times through off the same foot and finish

<u>Finish</u>

1	<u>step</u>		a	:	1
&) shuffle		:	3,£
а)		:	
2		<u>step</u>		:	a
&) shuffle		C,£	:	
а)			:	
3	<u>step</u>		a	:	
а) shuffle		:	3,£
4)		:	
&	<u>hop</u>		a	:	
а	heel drop		a	:	
5		<u>step</u>		:	rc/d
а	tap) lazy		rb	:	
6	step)		a	:	
&) shuffle		:	3,a
а)		:	
7	heel drop)	a	:	rd+
8				:	

- Sam said that he had learned this step from his brother Jim. Sam nicknamed it "Swanee" when teaching. The step is also used (with a different finish) as Exhibition Step 16.
- 2. Note that the initial <u>shunt</u> on the R is replaced by a <u>step</u> the first time the unit is performed.
- 3. Beats 5-8 are performed with a considerable amount of body turn, although the step has been notated omitting this for reasons of clarity.
- 4. The final shuffle of the finish is unusual, the second beat of the shuffle becoming almost a catch in.

Step 3

Α				
1 2	<u>hop</u> <u>hop</u>		a : a :	
&	<u>пор</u>) shuffle	:	r5,re
а 3	<u>hop</u>))	a :	b)
4 &	<u>hop</u>)) shuffle	a :	c) 3,£
а 5	<u>hop</u>)	: a :	rc)
6	hop)) shuffle	a :	rd
& a	_)	:	r5,re
7 8	<u>hop</u> <u>hop</u>)	a : a :	b) c)
& a) shuffle	:	3,£
1	<u>hop</u>)	a :	b)
& a) shuffle)	:	3,£
2 &	<u>hop</u>)) shuffle	a :	b) 3,£
a 3	<u>hop</u>))	: a :	b)
&	<u>пор</u>) shuffle	:	3,£
а 4	<u>hop</u>))) shuffle	: a :	b)
& a) shuffle)	:	3,£
5 &	<u>hop</u>)) shuffle	a :	b) 3,£
а	l)	:	İ
6 &	<u>hop</u>)) shuffle	a :	b) 3,£
а 7	<u>hop</u>))	: a :	rc)
8 &	hop)) shuffle	a :	rd_ r5,re
а) Shalle	:	
1 2	<u>hop</u> <u>hop</u>		a : a :	b) c)
& a) shuffle)	:	3,£
3 4	<u>hop</u> hop	´	a : a :	rc) rd_
1 7	1 110 <u>P</u>	ı / l	u .	·

SSP © 2010 - CM

&	I)	shuffle	1		:	r5,re
а)				:	
5	<u>hop</u>)		а	:	b)
6	<u>hop</u>)		а	:	c)
&	<u> </u>)	shuffle			:	3,£
а		()				:	İ
7	<u>hop</u>)		а	:	rc)

Step is as above and finish

Finish

8		catch out	: rc/d), b, d_	
1	<u>hop</u>		a :	
2		<u>spring</u>	:	a
and) shuffle		C,£ :	
3)		:	
and	<u>spring</u>		a :	
4) shuffle	:	3,£
and)	:	
5	hop		a :	
and		tap) flop	:	С
6		step)	:	C[*
and	catch out		rc),b,d_ :	
7		heel drop	:	a
8			:	

- 1. This step was part of the Five Sherry Brothers repertoire. The finish is used as the finish for Exhibition Step 5.
- The precise foot positions for the shuffles in rear position will vary somewhat in proportion to the speed with which the step is performed.
 The second beat of the shuffle moves toward: F as the step speeds up.
- 3. The finish is the same as that used for Exhibition Step 5, but has been notated using Harry Cowgill's foot positions.

1	step		a :	
&) shuffle	:	: 5,%
а		ĺ		: '
2	<u>hop</u>	'	a	
&	<u>1105</u>) shuffle	u .	5,%
a) Siluille		3,70
	h	'		
3	<u>hop</u>		a :	
а		tip tap	:	: rd
4	<u>hop</u>		a :	
а		catch out		rd),a,c)
5	<u>hop</u>		a :	
а		heel step	:	: c/d
6	<u>step</u>		l a:	:
а		<u>step</u>		: e/f
7	step=		e*	
8	<u> </u>	click toe heel	Ŭ	rb)
&	<u>hop</u>	Chek toe neer	b*	. 10)
				·
a	<u>heel drop</u>	-1	a :	16
1		<u>step</u>		: re/f
2	flat step		A :	
3) shuffle		
&])	:	: 5,%
а		<u>step</u>	:	: A**
4	flat step		a* :	:
5		catch out	l :	rB),A,b)
&)	click heel toe	at :	
a	drop	0011001.100	a	~/
6	<u> </u>	<u>step</u>		xe/f
&	rev click toe heel	<u>зіер</u>	٥) .	. ^6/1
	l lev click toe fleel	la a al aluana	a) :	154
a		heel drop	0) 4)	: xe/f*
7	catch out		r2),1,b) :	i l
&	click heel toe		b) :	
а		<u>drop</u>	:	a
8	<u>step</u>		xe/f :	
&		rev click toe heel		: a)
а	heel drop	İ	xe/f*	: '
1		catch out		rB),A,b)
&		click heel toe		: b)
a	<u>drop</u>	i oliok ricer toe	a	. "
2	uiop	cton	α .	xe/f
		<u>step</u>		Xe/I
&	rev click toe heel	h 1 - 1	a) :	164
а		<u>heel drop</u>	:	: xe/f*
3	catch out		r2),1,b) :	
&	click heel toe		b) :	:
а		<u>drop</u>	:	a
'-				•

	•	•			
4	<u>step</u>		xe/f	:	
&		rev click toe heel		:	a)
а	heel drop		xe/f*	:	
5		catch out		:	rB),A,b)
&		click heel toe		:	b)
а	toe drop		a	:	
6		<u>step</u>		:	xe/f
&	click toe heel		b)	:	
а)	heel drop	h_	:	xe/f*
7	touch		a	:	
8				:	

Step is as above and finish

<u>Finish</u>

а	1) shuffle	:	3,£
8		I)	:	
&	<u>hop</u>	l [*]	a :	i
а	<u> </u>	tap) flop	:	a
1		step)	:	a[
а	tap) flop		a :	
2	step)		a[:	
а) shuffle	:	3,£
3)	:	
&	<u>hop</u>		a :	
а		tap) flop	:	a
4		step)	:	a[
а) shuffle		C,£ :	
5)		:	
&		<u>hop</u>	:	a
а	tap) flop	1	a :	
6	step)		a[:	
&		<u>step</u>	:	a
a		heel drop	:	a
7	<u>heel drop=</u>		a :	
8			:	

- 1. Learned by Sam from his brother Jim.
- Also used as step 14 of the Sam's Exhibition Routine, but with a different finish. Slight changes have been made to reflect the dancing of Harry Cowgill. The most obvious difference is that Sam performed the final 2/3 of the exhibition version moving across the satge, whereas this version moves straight towards the audience.
- 3. The finish utilises movements also found in Exhibition Steps 11 and 12, which Sam acquired from the Scottish comedian Andy Powers.

Α							
1			<u>jump=</u>		a	:	
2		<u>hop</u>			a	:	
&)	shuffle		:	3,£
а 3)			:	
3			jump=		xE/F	:	a
4				<u>hop</u>		:	
&)	shuffle			C,£	:	
а)					:	
a 5			jump=		a	:	x5/6
6		<u>hop</u>			a	:	
&)	shuffle		:	3,£
а)			:	
7			<u>jump=</u>		xE/F	:	a
8			1	<u>hop</u>		:	a
&)	shuffle			C,£	:	
а)					:	

В					
1	<u>step</u>)	a	:	rd_
2		catch out		:	rd_,b,d_
3	<u>hop</u>		a	:	
4		<u>heel step</u>		:	С
5	<u>step</u>		a	:	
and		tap) TH		:	С
6		<u>heel step</u>)		:	С
and	<u>step</u>		a	:	

7		flat step		:	C*	
8	catch out		rc),b,d	:		

Finish

1		<u>hop</u>		: a
2	<u>spring</u>		a	:
and) shuffle		: 3,£
3)		: _
and) shuffle	<u>spring</u>		: a
4) Shulle		C,£	:
and 5	,	<u>hop</u>		: a
and	tap) flop	<u>110p</u>	a	: "
6	step)		a[: 1
&	, <u></u> ,	step=		: a
а		heel drop		: a
7	heel drop=		a	:
8				:

- 1. Sam though this was like a Schotische step.
- 2. The finish was learned by Sam from his brother Jim.

Step 6

,	4

а	heel step		В	:	
1		heel step		:	2
&	heel swive	click toes=	B,2	:	2,B
а	<u>step</u>		а	:	
2		step=		:	a
а	heel step		В	:	
3		heel step		:	2
&	heel swive	click toes=	B,2	:	2,B
а	<u>step</u>		a	:	
4		step=		:	a
а	heel step		В	:	
5		heel step=		:	2
&	heel swive	click toes=	B,2,B	:	2,B,2
а	heel step		В	:	
6		heel step=		:	2
&	heel swive	click toes=	B,2,B	:	2,B,2
а	<u>heel step</u>		В	:	
7		heel step=		:	2
&	heel swive	click toes=	B,2	:	
а	<u>step</u>		a	:	
8		tap		:	a
7 & a	heel swive	click toes=	,	: : : :	_

В

D					
а	<u>spring</u>		a	:	
1		click toe heel		:	rb)
&	<u>hop</u>)	a	:	rxh_
а		rev click toe heel		:	rxe/f)
2	<u>hop</u>		a	:	
а		<u>step</u>		:	re
3	<u>step</u>		a	:	
&		heel step		:	2
а	heel step=		В	:	
4	heel swivel o	click toes=	B,2	:	2,2
а		<u>step</u>		:	a
5	click toe heel		rb)	:	
&)	<u>hop</u>	rxh_	:	a
а	rev click toe heel		rxe/f)	:	
6		<u>hop</u>		:	a
а	<u>step</u>		В	:	
7		heel step		:	2
&	heel step=		В	:	
а	heel swivel o	click toes=	B,2	:	2,B
8	<u>step</u>		a	:	



Finish

an) shuffle		:	3,£
and)		:	
е		tap) flop		:	a
1		step)		:	b[*
а	tap) flop	. ,	a	:	
2	step)		a[:	I
а) shuffle	_	:	3,£
3)		:	
&	<u>hop</u>		a	:	
а		<u>step</u>		:	a
4	<u>step</u>		a	:	
5		heel step		:	3
а	heel step=		С	:	
6	heel swivel o	click toes=	C,3	:	3,C
&	<u>step</u>		1	:	
а		step=		:	Α
7	heel swivel c	lickheels=	1,A	:	
8				:	

- Sam said that he had seen the dancer Horace Wheatley do this step, he had however made the finish up himself.
- 2. The movements of the A part or the step have been slightly regularised to make the unit identical off both feet.
- 3. Similarly, the foot positions in the B part, particularly the rear aerial positions, have again been regularised.
- 4. In the B part beats 6a7&a8 could equally well be performed off the other foot (with beat 6 becoming a <u>step</u> instaed of a <u>hop</u>), which would be a more regular pattern. However beat 8 would then have to be a tap, rather

than a step.

5. Note the change of position for the <u>heel steps</u> in the finish. In the step they are in :B, in the finish in :C.

.....

Step 7

8	spring		a	:
&) shuffle		: 3,£
а)		:
1)	<u>spring</u>	xE_	: f*
2	<u>spring</u>		a	:
&) shuffle		: 3,£
а 3)		:
)	<u>spring</u>	xE_	: f*
4	<u>spring</u>		a	:
&) shuffle		: 3,£
а 5)		:
5)		xE_	: f*
and	catch in	<u>spring</u>	XE_,b,a)	:
6	<u>spring</u>		a	:
&) shuffle		: 3,£
а)		:
7	<u>hop</u>		a	:

Step is three times through off alternate feet and finish.

<u>Finish</u>

а 8			tap) lazy <u>step</u>)		:	rb a
and	tap) lazy			rb	:	
1 1	step)			a	:	1
and)	shuffle		:	3,£
2)			:	
and	<u>hop</u>	1		a	:	I
3			tap) lazy		:	rb
and			step)		:	a
4	tap		 ,	l b	:	I
and	<u>spring</u>			l a	:	i
5		1)	shuffle		:	3,£
&		Ιí			•	-,
a	<u>hop</u>	′		a	•	
6			tap) flop	·		С
&			step)		:	c[*
a	catch out		<u>5.5p</u> /	rc),a,d+	÷	٠.
7	oaton out		heel drop	10),α,α.	:	a
8			noor arop		•	u
1 0 1		I		l		l

- Known to Sam (and probably almost every other stage dancer) as "Off to Buffalo".
- 2. The finish utilises movemnets also found in Exhibition Steps 11 and 12, which Sam acquired from the Scottish comedian Andy Powers.

Α					
1	<u>step</u>		а	:	
а) shuffle		: 3,£	
2)		:	
&		<u>step</u>		: rb	1
а		heel drop		: rb	
3	<u>step</u>		a	:	l
а		catch out		: rb),b,d_	l
4	heel drop		a	:	l
а		catch in		: d_,a,rc)	
5	heel drop		a	:	l
&		tap) lazy		: rc	l
а		step)		: rc*	l
6) shuffle		C,£	:	l
&	,			:	ŀ
a	<u>step</u>) -b(()-	C*	:	ŀ
7) shuffle		: 3,£	ŀ
&) oton		:	ŀ
а 8		step		: C	
1 8	l	heel drop	l	: C*	ı
R					

	В					
l	а	tap) lazy		rb	:	
	1	step)		a	:	
	&) shuffle		:	3,£
	а)		:	
	2	heel drop		a	:	
	&		<u>step</u>		:	rb
	а		heel drop		:	rb*
	3) shuffle		C,£	:	
	&)			:	
	а		<u>heel drop</u>		:	a
	4	<u>step</u>		rb	:	
	&	heel drop		rb*	:	
	а) shuffle		:	3,£
	5)		:	
	&	heel drop		a	:	
	а		<u>step</u>		:	rb
	6		heel drop		:	rb*
	&) shuffle		C,£	:	
	а])			:	

7 an and e 8)	shuffle <u>spring</u>	hop catch in	RE/H,Re/h rd*	: : : : :	a d),c,a_
C a 1 a 2 & a 3 & a 4 & a 5 & a 6 & a 7 & a 8)	shuffle step heel drop shuffle step heel drop shuffle step heel drop	tap) flop step)) shuffle) step heel drop) shuffle) step heel drop	C,£ c* C,£ c*		a b[* 3,£ c c* 3,£

- 1. Composed by Sam in about 1985, but using walking forward and backwards sections taught to him by his father, James Sherry.
- $\label{eq:continuous} 2. \qquad \text{Note that the step moves forwards on the A and C parts and backwards on the two B parts.}$

Α			
1	<u>spring</u>)	a : rc_
а		catch out	: rc_,a,d_
2	<u>hop</u>		a :
а		catch in	: d_,c,a)
3	hop		a :
&		tap	: a
а		heel catch out	: a),c,d_
4	<u>hop</u>		a :
&		heel tap	: d
а		catch in	: d),d,a)
5	<u>hop</u>		a :
&		tap	: a
а		heel catch out	: a),c,d_
6	<u>hop</u>		a :
&		heel tap	: d
а		catch in	: D),d,rc_
7	<u>hop</u>)	a :
&		tip tap	: rxe/h
а	<u>hop</u>		a :
8		tip tap	: rc/e

В					
1	spring		a	:	
&		tap		:	a
а		heel catch out		:	a),c,d_
2	<u>hop</u>		a	:	
&		heel tap		:	d
а		catch in		:	d),d,a)
3	<u>hop</u>		a	:	
&		<u>step</u>		:	a
а		<u>heel drop</u>		:	a
4	tap		a	:	
&	heel catch out		a),c,d_	:	
а		<u>hop</u>		:	a
5	heel tap		d	:	
&	catch in		d),d,a)	:	
а		<u>hop</u>		:	a
6	tap		a	:	
&	heel catch out		a),c,d_	:	
а		<u>hop</u>		:	a

7	<u>step</u>		xE*	:		
&		rev click toe heel		:	rxe/f)	
а	heel drop		a	:		L
8		tap		:	rc	L

Finish

	-				_
а)		:	rE/H
1		catch in			Re),b,b/c)
	`		-4	•	
&)	click heel toe	at		b/c)
а	<u>drop</u>		a	:	
2	•	step			xe/f*
&	rev click toe heel		rxe/f)		
	Tev click toe fleel	la a a Lalva va	1,76/1)	•	_
а		heel drop		:	a
3	<u>step</u>		rc*	:	
&	-	step		•	b*
a	step	<u> </u>	rb*		~
	<u>step</u>		l ID	•	
4) shuffle		- :	3,£
&)		:	
а	<u>hop</u>		a		
5	<u></u> -	spring	-		a
	\	Spring	0.0	•	u
&) shuffle		C,£	:	
а)			:	
6)	<u>hop</u>	rc	:	a l
&	tap) lazy	l 	rb		
			-	•	
а	step)		a		
7) shuffle		:	3,£
&)		:	
a		step			c*
		<u> 510p</u>		•	٠
8	catch out	I	rc),a,c/d_	:	l

Notes.

1. Created by Sam with help from Harry Cowgill, using the concept of creating a step without shuffles.

.....

Α					
1	<u>step</u>		a	:	
and		flat step=		:	С
2	swivel=	heel swivel=	a,1	:	C,3
and		catch in		:	3),b,a)
3		<u>step</u>		:	a
and	flat step=		3	:	
4	heel swivel=	swivel=	3,C	:	a,A
and	catch in		C),b,a)	:	
5	<u>step</u>		a	:	
&		tap) flop		:	a
а		step)		:	a[
6	<u>step</u>		l a	:	
&) shuffle		:	3,£
а)		:	
7	<u>hop</u>		l a	:	
&		tap) flop		:	a
а		step)		:	a[
8	tap		b	:	

В						
1	<u>spring</u>		rc*	:		l
and		catch out		:	x5),x3,e/h)	l
2	<u>hop</u>		a	:		l
3		<u>spring</u>		:	rc*	l
and	catch out		xE),xC,e/h)	:		l
4		<u>hop</u>		:	a	l
and	catch in		e/h),c,rc)	:		l
5	<u>spring</u>		rc*	:		l
and		catch out		:	x5),x3,e/h)	l
6	<u>hop</u>		b*	:		l
and		catch in		:	e/h),c,rc)	l
7		<u>spring</u>		:	rc*	l
and	catch out		xE),xC,e/h)	:		l
8		<u>hop</u>		:	b*	l



Finish

1	<u>spring</u>		rc*	:	
and		catch out		:	x5),x3,e/h)
2	<u>hop</u>		a	:	
3		<u>spring</u>		:	rc*
and	catch out		xE),xC,e/h)	:	
4		<u>hop</u>		:	a
and	catch in		e/h),c,rc)	:	
5		<u>hop</u>		:	a
&	tap) flop		rc	:	
а	step)		rb[*	:	
6) shuffle		:	3,£
&)		:	
а		<u>spring</u>		:	c*
7	catch out		rc),a,d_	:	
а	click he	eels=	c)	:	c)
8	<u>spring</u>)		:	d_

- 1. Said by Sam to be a tap step which he had learned during the course of his stage career.
- 2. The effect of swivelling the back foot results in a distinct turn of the hips in that part of the step.
- 3. In the B part, the backwards movement associated with the spring into :RC* are only partly recovered by the subsequent hop into :B*. Clearly less back and forward travel could be used.