

Knock heel 9 tie	
1. 1. R heel 4	swivel →
2	Beat LF
2	Step on RF
3	L heel 9 swivel ↗
4	Beat RF
4	Step on LF
2. 1	Jump on both feet
234	Knock 3 Times

(93)

Miss E. Coward.

(94)

— really oval

Hoop dance — hoops were oval, made of bamboo, & they step-danced, holding it up. They latched the narrow end, and used it like a skipping rope. They came forward skipping. Had plaidie hats on and a red blouse. Black slippers.



The shoes shown in Miss Roberta Robinson's picture were white rubber court shoes for ordinary dancing — & had black shoes with leather bottoms for weighted play of Hoop Dance.

The ball was held twice, a week or a fortnight between.

Miss E. Coward's teacher in 1897 was Stanton.

The other Miss Coward was old Tom & Alf.

The Robinson who was a coachman — he was coachman for the landing — he worked for a Mr. Wilson.

Stanton put his toe down to mark the beginning of the phrase

When they first came here <sup>in 1901</sup> - ~~at age of~~ (95)  
The men never stood still in the square dances, - they  
step-danced all the time. [close examination revealed  
that this was mainly shuffle-off.] Also got this halfway  
round in a grand chain.

At a dance - they would always have a song,  
& young ones who would call for the step-dance  
- this meant the 3-Reel.

Chippings took place up in Gropedale - heard of them  
up there - her uncle from Frothwaite used to go to help  
at Gropedale - so she heard of it from him. Had a supper  
& finished up with a dance.

Satterthwaite had Ulverston as its living fair.