

Name:

Step from inside edge from station

7-8 Shuffle off with R.8 ~~2+2~~ Double beat LF9 1. Step on LF in 1st position

2 2 Double beat RF straight forward } Treble RF

2 3 Beat RF in 1st position

3 Beat LF

8 4 }

2 2 } Repeat 2 3 twice.

2 17 1. Beat LF in 1st position

2 2 3 Treble RF as above.

2 4 2 } Back Treble RF, but sliding rather than hopping.

8 1

2 Step on LF

3 Step forward on RF

9 - 16 ~ all

Another step.

1. 1 Hop on LF

2 Tap once with RF with a sort of hovering movement

23 Repeat.

2342 ~ 1822

2. 1 and 2. Crouch, beginning LF, moving to left

3 and 4. ~ 1 and 2.

3. 1 Hop on LF

2 Beat with R ~~heel~~ ^{toe}

2 Hop on LF

2 Beat with R ~~heel~~ ^{heel}

A ~~beat~~ ^{two + heel}

with a hop ^{step} on foot in

between

1314 Repeat 1222.

4. 1 and 2. Crouch with RF foot

234 Step RLR, moving slightly forward

5. 1 2 and 3 4 Swivelling crouch with RF

6. 1, 2. 1 hop twice on RF

3 and 4 Crouch with LF

} turning once round to R.

7. As 5. but final step ^{on RF} forward

8. ~~9.~~ Take LF back.

1 Kick RF forward with LF on heel.

2 Drop back on RF
Balance forward ~~to left~~