

First of August

John MacLeod

20 seconds for

(87)

Bear in R

Hands Akimbo

Anges against waist.

1 complete

1. Hop on L, with R in low aerial posⁿ shown in Fig 1.
2. Tap R toe in posⁿ shown in Fig 1.
3. Tap R toe in 5th posⁿ, & transfer weight to it.

Treble L Start with R in front of L ~~foot in 5th~~ in 5th ~~posⁿ~~ posⁿ with weight on R. The L toe describes an arc of a circle from 5th rear to 5th

1. Tap L toe in posⁿ shown in Fig 2.
2. Tap L ~~posⁿ~~ 3
3. Put L toe in 5th (front) posⁿ, & transfer weight to it.
4. Bear R in 5th rear posⁿ.



Fig 1.



Fig 2.



Fig 3.



Step Back L Start with L in front of R in 5th posⁿ.

1. Hop on R, & lift L into 5th low aerial. (foot vertically above 5th)
2. Step back on L, ~~passing the sole of L foot~~ ^{in 4th rear} (keeping L knee out as L foot passes R leg)
3. Step back on R (ditto).
4. Jump onto L with body leaning forward slightly, landing R to 5th. ~~Step forward on flat of L foot in 4th, with body leaning forward.~~ ~~low rear~~ near low aerial posⁿ.

Treble ~~forward~~ backwards L Start with L in front of R ~~in 5th~~ posⁿ, with weight on R. Then L toe describes an arc of a circle from 5th (front) to 5th rear

- 1 Tap L toe in 5th posⁿ
- 2 _____ posⁿ shown in Fig 3
- 3 Put L toe in 5th rear posⁿ, & transfer weight to it.
- 4 Beat R in 5th (front) posⁿ.

Step 1.

- Bar 1.
- 1 Hop on L & shake R out to ~~the~~ intermediate mid aerial & back to 5th low aerial
 - 2 Repeat 1.
 - 3 Spring onto R & bring L to 5th low aerial. 
- 2 ~ of Bar 1.
- 3 Beat in R & Treble L
 - 4 ~~Treble L~~ Beat in L & Treble R
- 5-7 Repeat ~~the~~ Bars 1-3 
- 8 Step back ~~R~~
- In this, dance round clockwise in a \odot to place.
- 9-16 ~ of Bars 1-8, reversing direction of \odot .

Step 2.

- 1 Beat in R & Treble L.
 - 2 Treble L backwards, & treble L
 - 3 Beat in R & Treble R
 - 4 Beat in R & Treble L
 - 5 Beat in L & Treble R
 - 6 Treble R backwards, & Treble R
 - 7 Beat in R & treble L
 - 8 Step back L
- 9-16 ~ of Bars 1-8.

Step 3

- Bar 1
- 1 Hop on L, & place R toe in 5th posⁿ
 - 2 _____ heel _____
 - 3 _____ R _____ L toe _____
- 2 ~ of Bar 1.
- 3 Beat in R & treble L ~~_____~~
 - 4 _____ L & treble R.
- 5-7 Repeat Bar 1-3
- 8 Step back L
- 9-16 ~ of Bar 1-8

Step 4

- Bar 1
- 1 Jump forward to land with feet together (Fig 4), on toes
 - 2 Pivot on toes to posⁿ shown in Fig 5.
 - 3 _____ heels _____ Fig 6.



Fig 4



Fig 5



Fig 6

- 2 1 Slide into 5th posⁿ, L in front of R
 - 2 2 Slide into posⁿ shown in Fig 6, [weight on toes]
 - 3 Slide into 5th posⁿ, R in front of L
- Bar 3
- Beat in R & treble L
 - _____ L _____ R
- 5-8 Repeat Bar 1-3 & Step back L
- 9-16 ~ of Bar 1-8

Step 5

As Step 2, but heel-toe-~~toe~~ instead of toe-heel-toe

Step 5.7.

- Bar 1. 1. Step forward on R heel, toe in 4th posⁿ, toe out
 2. Close L to R in 1st, on heels.
 3. Step back on R toe to 4th rear posⁿ.
 2 1 Spring, bringing R heel forward to 4th posⁿ, at same time, bring L ~~back~~ toe back
 2, 3 As above
 3 Beat in L + Treble R
 4 ——— R ——— L
 5-8 2 of Bars 1-3 + step back L.
 9-16 2 of Bars 1-8.

Step 6 (Crab step)

- Bar 1. 1, 2. Jump forward to land on flat feet as shown in Fig 7
 3. Pivot on R heel & L toe to end in 1st posⁿ, with feet flat on ground, having moved to right
 2 1 Pivot on L heel & R toe to end as in Fig 7, having moved to right
 2 As 3 of Bar 1.
 3 As 1 of Bar 2.
 3 Beat in R & Treble with L
 4 ——— L ——— R.
 5-8 Repeat Bars 1-3 + Step back L.
 9-16 2 of Bars 1-8.

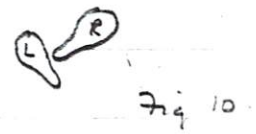
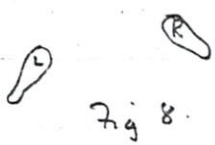


Fig 7

Either Describe a half \odot on bars 1-8, & complete it on bars 9-16
 OR Describe a $\odot \curvearrowright$ on ———, & a \odot , \curvearrowleft on bars 9-16

Step 8 ~~Start with~~

Bar 1. Start with weight on L foot, R in 2nd intermediate ~~low~~ low aerial
 posⁿ, ~~both~~ toes turned in (Fig 8), feet about 12" apart
 1 Put R ~~down in~~ toe down in a (flat) 3rd posⁿ, and pivot on
 toes to bring feet into 3rd posⁿ (Fig 9, 10)



2 Pivot on R toe, moving L to 2nd intermediate ~~low~~ low aerial
 posⁿ, both toes turned in, feet about 12" apart

3 ~ of 1.

~~2~~ 2 1 ~ of 2 and 3 of Bar 1

2 Repeat 2 and 3 of Bar 1

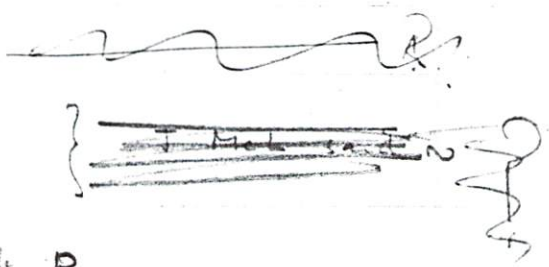
3 ~

3 Beat in ~~L~~ L & treble R

4 ~ R ~ RL

5-8 ~~Repeat~~ Bars 1-3 & Step back R

9-16 ~ of Bars 1-8



Step 10

Bar 1. 1. Hop on L, R up in 5th ~~normal~~ ^{front normal} front aerial (against

2 Step on R in 2nd

3 Close L to R in 5th near. Landing phase. Then

2 ~~3~~ Three backsteps, beginning by taking R up & round L legs,
 turning once round to right

3,4 Beat in L & treble R, Beat in R & treble L

5-8 ~ of Bars 1-3 & Step back L

1st of August

Treble

1. Hop on L foot & point R ft to 4th int.
2. Beat inwards with R heavily
3. Drop on R foot beside L heel
- 4, 5, 6, 7. Treble

Break as I had it.

Step 9.

1 Spring in 5th R in front of L

2 _____ L _____ R

3 _____ R _____ L

4 Spread

4 _____ L _____ R

Beat in L + treble R

2

2 of 1-4.

Arms: Tempo: Shuffles:

First of August

Blue Bonnets

Over the water

Highland Laddie

Tullachgann

Flower of Edinburgh

Glen on Slide

Ronald Morrison

M^cQueen

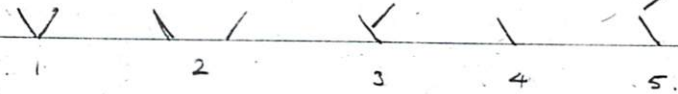
Roddy MacPherson

(1) Roderick Maclean Kilbray, aged 67. Try the effect of a dose. Knows First of August

Try festive steps on him Roderick the postman

(2) M^cDonnell taught in Inver

(3) A.M. knew positions



(4) J. Mackeod, Esq.,
Gt Eastern Hotel
Duke St.

(5) Try Ronald MacDonald Taught square-dances.

Highland Ladder

Step 1. Normal high pos at rear of leg.

Step 5 Jack's description correct.

Time 15 secs per step

me
movements

Tullochgorm

8 steps

Time?

Over the Water

10 steps originally. Only knew 5: A.M. only remembered these. Not our 5th.

14 secs per step

✓ Step 1. Side, behind, & O.T.W, R, & repeat Shuffles

Step 3: As H-L.

O.T.W. ~~Brush~~ Hop, Brush, Tap, & leave foot in front of leg. Brush with leg fully extended.

Blue Bonnet

17 secs for 1 step

[10 steps originally]

Break correct as I got it from Jack.

Arms akimbo.

1st. of August

[10 steps originally]

2nd. 3rd step ?

4th step. As mine, but keep toes on ground on scissor

5th step. 1. Step forward on R heel

2. Close L heel to R heel, weight on heels.

3. Step back on R heel toe

4. Spring, & land with R heel forward, L toe back

5. Close L heel to R heel, weight on heel

6. Step back on R heel

Begin break from here, to right.

///

6th step

~~Reg~~

A {

1. weight on L toe, toe pointed in. Put R toe down at X, bringing R foot in direction shown, + pivot on toes



sharply to bring R foot in 3rd pos. and pivot outwards on toes, taking L foot off ground



2 ~ of 1.

B {

- and as above
- 1 as above, combining '1 and'
- 2 ————— combining '2 and'
- 3 as 1. above,

A & B have same time.

then break.

[Barra walk?]