

Swords.

1st Step.

{ P.d.B in 1 + 2. + 2 no point - just lift; both ends
3rd P.d.B in back to sword.

2nd Step

{ Over 4th. 4th opposite 5th across sword.
Quarter turn on 1. of change.

Dr. Over.

3rd Step.

Toe & heel. — across in 4th, in is 3rd.

Quicktime

{ — 12 as 123 permissible
— Turning is continuous