

and you full instructions for that later, but here is Flowers of Edinburgh. Dance feet forward, very low on the ground. ~~fill in all beats with extra taps, if necessary, between steps and before catch in etc.~~ It is convenient for the step dance to describe a 'triple' 1 Hop on LF (almost flat foot & Beat R heel in lone 3rd 2 Beat R toe before 3rd (i.e with heel just above 3rd) & Beat R toe before 3rd again. The triple is also done 'backwards' carrying the RF to the back on the two toe beats but still with foot pretty well to the front.

To start +

Between all steps do the reel

i.e. 6 plain low chase ^{RLRLRL} closing to rear 3rd in clockwise circle and close.

Catch in LF

6 low ^T Triple + back triple with RF.

5 low Triple with LF

3. Beat RF in rear 3rd.

Yes, 4th time no.

~~The all steps are done to accompaniment of music with clack~~

Tempo is 45 bpm.

4 2 | 1 2 3 4 2 etc.

~~for step.~~ N.B. Wear hard shoes - hard heels.

Catch in may be a 1 beat catch in, or a 2 beat catch in, or hop catch in, according to what go before. It is danced on beats

(+) & or on beats 4 & of the bar preceding the movement proper.

1st Step

4 & Gatch in RF

- 1 Triple + back triple LF
 - 2 Triple LF
 - 3. Beat RF in rear 3rd.
 - 3 & 4 Gatch in LF + N
 - 5 & 6 Rep 1 & 2
 - 7 & 8 Gatch in LF + close.
- Go straight into real.

2nd Step

4 Pivot on both toes to beat heels together.

- 1 & 1 & 2 toe beats RF
- | | |
|-----|----|
| 2 & | LF |
| 3 & | RF |
| 4 & | LF |

(Moving right to end in approx 2nd pass)

- 2 1 Beat R toe before 3rd (weight on LF)
- 2 R heel in 3rd
- 3 R toe before 3rd (weight on RF)
- 4 R toe before 3rd (weight on RF)
- 5 R toe before 1st (weight on both)

4 Pivot on toes to beat heels together

- 3 & 4 ~ (i.e. now you are standing in lot)
- 5 & 6 Rep.
- 7 & 8 Gatch in LF + close.

3rd Step

- 1 1 Step on R toe in time 2nd
- 2 Close LF to 1st.
- 3, 4 Triple LF
- 2 1, 2 Triple RF
- 3 Beat LF rear 3rd.
- 3 & 4 ~
- 5 & 6 Rep.
- 7 & 8 Gatch in + close.

4th Step

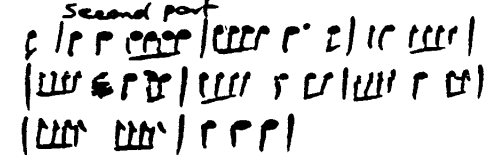
As 2nd out turn half right 1 & 2 back to front 3 & 4 full turn right 5 & 6.

5th Step

- 1 Change diagonal feed i.e.
- 1 Step RF semi 4th int
- 2 Close LF toe to heel
- 3 Step RF semi 4th int.
- 2 Change diagonal feed to left.
- 4 Beat R toe
- 4 Beat L toe taking weight
- 3 Triple with RF
- 3 Beat LF rear 3rd
- 4 & Hop L catch in R
- 4 Contra 3
- 5 & 6 3 & 4 with full turn right
- 7 & 8 Close.

3rd step the rhythm of the setting

for 2nd part used his not that of RSCDS book 1: it is



It fits the next step perfectly.

6th Step

- 1 1 Step on R toe in 5th.
- 3 L 5th
- 2 1 R 5th
- 3 R 5th
- 2 & 4 ~
- 4 & Hop R catch in L
- 2 Triple R
- 3 Beat L rear 3rd
- 4 & Hop L catch in R
- 5 Contra 5
- 7 & 8 Close.

7th Step

- 4d Bunch LF out + in.
- 1 Back triple RF
- 2 Beat (last toe beat here is a bunch back)
- 3 Beat R toe pointed in lit (just end of toe, foot vertical, knee to front)
- 4 Beat R toe semi 2nd.

- 2 1 Beat R heel 2nd.
- 2. ~~the~~ R heel still on go flap KF on to go.
- 3. Beat flat LF in lit.

- 2 4 Catch in to ~
- 5 6 Repeat with turn 3/4 right
- 2 2 ~~to~~ Glass ending with
- 3 bunch LF through lit
- 4 Hop on RF
- 4 Catch in LF (and turn see)

- 1 8 Glass (facing front)

9th Step

- 1 Front triple R.
- 3 Beat LF
- 4 Beat R toe pointed in 5th
- 4 Beat LF
- 4 Beat R toe " " "
- 2 Back Triple R
- Etc as in 5th Step.

10th Step

- 4d Bunch LF out + in to 3rd
- 2 1 Hop on LF (4th inst)
- 2 Bunch R toe through 2nd to semi
- 3 Hop on LF
- 4 From crossed form, bunch R toe through lit to semi 4th inst.
- 2 1 Hop on LF
- 2d 2 beats ball R ft in crossed 5th.
- 3d " " LF " " near 5th
- 4d " " R " " 5th.

- 2 4 ~
- 5 6 Rep.
- 1 8 Glass.

8th Step

- 4d Bunch LF out in to rear 3rd
- 1 Back triple RF
- 3 Beat LF
- 4 Beat R toe pointed rear 5th.
- 4 Beat LF
- 4 Beat R toe " " " and other steps (I have 3)
- 2 Triple RF
- 3 Beat LF rear 3rd, of a similar step
- 4d Bunch KF out, into rear 3rd

- 2 4 ~
- 5 6 rep.
- 1 8 Glass.

Over the hills + far away

Has variation of step 7+8 and other steps (I have 3) of a similar step

I now have the loan of

a cine camera (8mm). All I need now is someone who will dance before it.

Best Winter Friends